

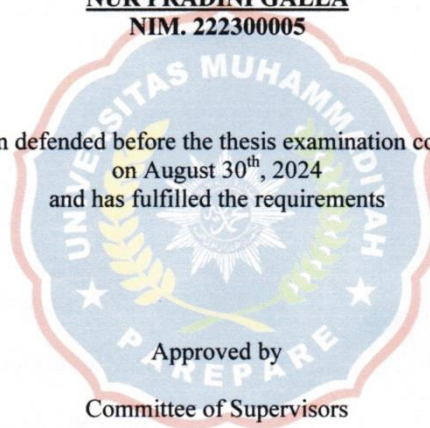
A Thesis

**INVESTIGATING PROCRASTINATION IN THESIS WRITING OF
UNDERGRADUATE UNIVERSITY STUDENTS**

Compiled and Submitted by

NUR PRADINI GALLA
NIM. 222300005

Has been defended before the thesis examination committee
on August 30th, 2024
and has fulfilled the requirements



Approved by
Committee of Supervisors

Chairman

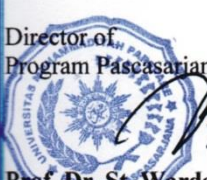
Member


Dr. Salasiah A., S.Pd, M.Ed. TESOL-Int


Dr. Siti Hajar Larekeng, S.S., S.Pd., M.Hum

Director of
Program Pascasarjana UMPAR

Head of English Language
Education Department



Prof. Dr. St. Wardah Hanafie Das, M.Pd.I
NBM. 948 442


Dr. Salasiah A., S.Pd., M.Ed.TESOL-Int.
NBM. 974 232

LEMBAR PERSETUJUAN TIM PENGUJI UJIAN TUTUP TESIS

Nama Mahasiswa : Nur Pradini Galla
NIM : 222300005
Program studi : Pendidikan Bahasa Inggris
Jenjang Studi : Program Magister / Strata Dua (S.2)
Judul Tesis : Investigating Procrastination in Thesis Writing of Undergraduate University Students

Telah disetujui pada Ujian Tutup Tesis Program Studi S.2 Pendidikan Bahasa Inggris Program Pascasarjana Universitas Muhammadiyah Parepare Tahun Akademik 2023/2024

Parepare, 30 Agustus 2024

Tim Penguji

1. Dr. Salasiah A, S.Pd., M.Ed. TESOL-Int. (.....)
2. Dr. Siti Hajar Larekeng, S.S., S.Pd., M.Hum (.....)
3. Prof. Dr. Ammang Latifa, M.Hum (.....)
4. Prof. Dr. Rafi'ah Nur, M.Hum (.....)

Tanda Tangan

Mengetahui,

Direktur
Program Pascasarjana UMPAR

Prof. Dr. St. Wardah Hanafie Das, M.Pd.I
NBM. 948 442

Ketua Program Studi S.2
Pendidikan Bahasa Inggris


Dr. Salasiah A, S.Pd., M.Ed.TESOL-Int.
NBM. 974 232

DECLARATION

This thesis contains no material which has been accepted for the award of any other degree or diploma in any other university and, to the best of the candidate's knowledge and belief, this thesis contains no material previously published or written by another person, except where due reference is made in the text of the thesis.

If the above-mentioned materials are found in this thesis, I agree that the university can take legal action to cancel the conferment of my degree.

Parepare, August 30nd, 2024



ai Rp 10.000


Nur Pradani Galla
NIM. 222300005

ACKNOWLEDGEMENT

Alhamdulillah Rabbil Alamin, All praises are for Allah SWT for blessing, love, opportunity, health and mercies upon the writer to finish this thesis. Shalawat and Salam are addressed to the final chosen religious messenger, the Prophet Muhammad SAW.

This research is presented to fulfill one of the requirements Magister of Education at Post graduate program of English Language Education Universitas Muhammadiyah Parepare. The researcher realized that many people had given their helps and useful suggestions for the finishing of this research. Without the assistance of them, this research would never have existed. Therefore the researcher would like to render her appreciation and sincere thanks to:

1. Special thanks for Syarifuddin Galla and Nur Hawaena her beloved Parents for the endless love, pray, support, suggestion and patience until the completion of this thesis.
2. Special thanks for and all my big family, my sister Dani Pratiwi Galla and my best friend Mutmainnah Cherry for the endless love, pray, support, suggestion and patience until the completion of this thesis.
3. Special thanks for Ilham Maulana for the endless love, pray, support, suggestion and patience until the completion of this thesis.
4. Special thanks for my friends, Andi Sitti Fatimah, Arif Rahman , Raden Ajeng Siti Fatimah, Siti Rahmayani abbass Intan and Nur Fajriani who always support , give me suggestion and patience when doing the proses until completion of this thesis.

5. Dr. Salasiah A, S.Pd., M.Ed.TESOL-Int. as the first supervisor and Dr. Siti Hajar Larekeng, S.S.,Spd.,M.Hum., as the second supervisor who give their help for the advice, supervision, guidance, and patience until the completion of this thesis from the very early stage of this research as well as giving her extraordinary experiences.
6. Prof. Dr. Jamaluddin Ahmad, S.Sos., M.Si., as the rector of Universitas Muhammadiyah Parepare for opportunity given to researcher to complete her studies at the Universitas Muhammadiyah Parepare.
7. Prof. Dr. St. Wardah Hanafie Das, M.Pd. I., as the director of program Pascasarjana UMPAR
8. Dr. Salasiah A, S.Pd., M.Ed.TESOL-Int. as a chief of English language Education study program Pascasarjana UM Parepare for guidance for her thesis or her studies during this year.
9. Dr. Hj. Salasiah A, S. Pd., M. Ed.TESOL-Int. , Dr. Siti Hajar L, S.S., S.Pd, M.Hum., Prof. Dr. Ammang Latifa, M.Hum., and Prof. Dr. Rafi'ah Nur, M.Hum., who have been the supervisor in her research proposal, research result seminar and thesis exam.
10. All lecturers and staff in English Education Department who always give valuable knowledge during her study at Universitas Muhammadiyah Parepare.
11. All of my beloved friends in pascasarjana, especially Nilda Sari, S.Pd.,M.Pd., Eka Puspita Sari, S.Pd., M.Pd. Dwi Handayani Lukman, S.Pd., M.Pd., Sitti

Aisiah, S.Pd., M.Pd., and Nur Ainun Arsyad and Afina Aninnas Harbi, S.Pd., M.Pd. for their togetherness and unforgettable moments. Also apologizes for all people whose names could not be mentioned for their help, advices, ideas, and suggestions in completing this thesis.

12. A big thank you to herself, who has endured until the end. Thank you very much for all the troubles that hit her so that she could be stronger than before. Thank you for keeping her sanity until the end.

Finally, the researcher would like to thank everybody who was important to the successful realization of this thesis. This thesis is expected to be useful not only for the researcher, but also for the readers. For this reason, constructive suggestion and critics are welcomed. May Allah SWT, the almighty God bless us.

Parepare, Agustus 2024

Nur Pradini Galla

ABSTRACT

Procrastination in writing a thesis is a common phenomenon among students who are completing their academic projects. Therefore, this research aims to determine the factors underlying the occurrence of academic procrastination in thesis writing among undergraduate students at IAIN Parepare, South Sulawesi. This research addresses the common problem of procrastination that hinders the completion of final academic projects, impacting students' academic progress and overall achievement. The problems studied are the dominant internal and external factors that influence students in delaying writing their thesis, as well as the challenges faced and the solutions taken.

This research uses a mixed methods research design, combining quantitative data from questionnaires and qualitative data from in-depth interviews. The quantitative aspect involves surveys distributed to students to determine the factors that contribute to procrastination, while the qualitative aspect focuses on student perceptions through in-depth interviews. The research sample consisted of 19 students from the 2017 academic year. Then 8 of the 19 students were selected for further interviews to obtain in-depth information about why they procrastinated. This student was identified as someone who likes to procrastinate. This is based on data from faculty academic records obtained during initial observations.

Findings reveal that internal factors, such as lack of motivation, poor time management, and low self-discipline, are significant contributors to procrastination. External factors, including environmental and financial disturbances, and lack of guidance from supervisors, further exacerbate delays in completing the thesis. This research also highlights the psychological burden that student's face, characterized by anxiety, fear of failure, and perfectionism, which contribute to their procrastination behavior. In response to these challenges, students adopt a variety of strategies, including seeking external motivation, increasing self-awareness, setting clear priorities, and creating structured plans to manage their time effectively. The study concluded that addressing internal and external factors is critical in reducing procrastination and increasing student academic success. Educational institutions should provide targeted support, such as counseling and time management workshops, to help students overcome procrastination and complete their theses on time.

ABSTRACT

Penundaan dalam menulis skripsi merupakan fenomena umum di kalangan mahasiswa yang sedang menyelesaikan proyek akademiknya. Maka dari itu penelitian ini bertujuan untuk mengetahui faktor-faktor yang mendasari terjadinya prokrastinasi akademik dalam penulisan skripsi di kalangan mahasiswa S1 di IAIN Parepare, Sulawesi Selatan. Penelitian ini membahas masalah umum penundaan yang menghambat penyelesaian proyek akademik akhir, yang berdampak pada kemajuan akademik dan prestasi siswa secara keseluruhan. Permasalahan yang diteliti adalah faktor dominan internal dan eksternal yang mempengaruhi mahasiswa dalam menunda penulisan skripsi, serta tantangan yang dihadapi dan solusi yang diambil.

Penelitian ini menggunakan Desain penelitian metode campuran, menggabungkan data kuantitatif dari kuesioner dan kualitatif dari wawancara mendalam. Aspek kuantitatif melibatkan survei yang didistribusikan kepada mahasiswa untuk mengetahui faktor-faktor yang berkontribusi terhadap penundaan, sedangkan aspek kualitatif berfokus pada persepsi mahasiswa melalui depth interview. Sampel penelitian terdiri dari 19 mahasiswa tahun akademik 2017. Kemudian 8 dari 19 m Mahasiswa dipilih untuk wawancara lebih lanjut untuk mendapatkan informasi mendalam mengenai mengapa mereka melakukan penunda-nundaan. Mahasiswa ini diidentifikasi sebagai orang yang suka menunda-nunda. Hal ini berdasarkan data dari catatan akademik fakultas yang diperoleh pada observasi awal.

Temuan mengungkapkan bahwa faktor internal, seperti kurangnya motivasi, manajemen waktu yang buruk, dan rendahnya disiplin diri, merupakan kontributor signifikan terhadap penundaan. Faktor eksternal, antara lain gangguan lingkungan, financial, dan kurangnya bimbingan dari dosen pembimbing, semakin memperparah keterlambatan penyelesaian skripsi. Penelitian ini juga menyoroti beban psikologis yang dihadapi siswa, ditandai dengan kecemasan, ketakutan akan kegagalan, dan perfeksionisme, yang berkontribusi terhadap perilaku penundaan mereka. Menanggapi tantangan tersebut, siswa mengadopsi berbagai strategi, termasuk mencari motivasi eksternal, meningkatkan kesadaran diri, menetapkan prioritas yang jelas, dan membuat rencana terstruktur untuk mengatur waktu mereka secara efektif. Studi ini menyimpulkan bahwa mengatasi faktor internal dan eksternal sangat penting dalam mengurangi penundaan dan meningkatkan keberhasilan akademik siswa. Institusi pendidikan harus memberikan dukungan yang ditargetkan, seperti lokakarya konseling dan manajemen waktu, untuk membantu siswa mengatasi penundaan dan menyelesaikan tesis mereka tepat waktu.

LIST OF CONTENTS

	Pages
INVESTIGATING FINAL ACADEMIC WRITING PROJECT PROCRASTINATION IN THESIS WRITING OF UNDERGRADUATE UNIVERSITY STUDENTS	i
INVESTIGATING FINAL ACADEMIC WRITING PROJECT PROCRASTINATION IN THESIS WRITING OF UNDERGRADUATE UNIVERSITY STUDENTS	ii
A THESIS.....	iii
LEMBAR PERSETUJUAN TIM PENGUJI THESIS	iv
DECLARATION	v.
ACKNOWLEDGEMENT	vi
ABSTRACT	ix
ABSTRACT	x
LIST OF CONTENTS	xi
LIST OF FIGURE.....	xiv
LIST OF TABLE.....	xv
LIST OF APPENDICES.....	xvi
CHAPTER I.....	1
A. Background	1
B. Problem Statement	6
C. The Objective of The Research.....	6
D. Significances of The Research	6

CHAPTER II	8
REVIEW OF RELATED LITERATURE	8
A. Some Previous Related Research Findings	8
B. Some Pertinent Ideas	16
C. Concept and theories related to writing.	16
<u>D.</u> Academic Procrastination.....	24
E. Conceptual Framework.....	31
CHAPTER III.....	33
RESEARCH METHOD.....	33
A. Research Design.....	33
B. Setting and Subject of the Research.....	34
C. Data Collection.....	34
D. Techniques of collecting the data.....	36
E. Techniques forAnalyzingthe data.....	38
F. Conclusion.....	40
CHAPTER IV	41
FINDING AND DISCUSSION.....	41
A. Research Finding.....	41
B. Discussion	58
CHAPTER IV	69
CONCLUSION AND SUGGESTION.....	69
A. Conclusion.....	69
B. Suggestion	70

BIBIOGRAFI.....	71
APPENDIX A	75
APPENSSDIX B	80
APPENSSDIX C	81
APPENSSDIX D	82

LIST OF FIGURE

	Page
Figure 2.1 Conceptual Framework.....	32
Figure 3.1 Research Design	38
Figure 4.1 Dominat Factor	59
Figure 4.2 Challang	63
Figure 4.3 Solusion	65

LIST OF TABLE

	Page
Table 3.1 Likert Scale Category	38
Table 3.2 Table Braun & Clarke's six-phase	40
Table 1 factor in doing prograstination in thesis.....	41
Table 2 Interview in doing prograstination in writing thesis	50
Table 3 List of challenges	52
Table 4 List of Sulusion	54

LIST OF APPENDICES

	Page
APPENDIX A Questionnaire	75
APPENDIX B Interview Guide Question	80
APPENDIX C Questionnaire Answer.....	81
APPENDIX D The Data Interview Transcript	82
APPENDIX E Documentation	111